



## CASCADE COMMUNICABLE DISEASE MANAGEMENT PLAN

Cascade Christian School is committed to providing a safe, healthy, and supportive learning environment for all students, staff, and families. The Communicable Disease Management Plan outlines the procedures and responsibilities that guide our prevention and response related to infectious diseases. This plan is designed to reduce the spread of illness on campus, protect vulnerable individuals, and ensure continuity of education. By working together and following these established guidelines, our school community can promote wellness and maintain a thriving environment for learning.

### Daily Health Check

Please complete a daily health check each day before coming to school. We ask that if you are not well enough to fully participate in regular school activities that you stay home until you are well enough to do so.

Links:

[Provincial Communicable Disease Guidelines in K-12 Settings](#)

[Immunizations | HealthLink BC](#)

[Virtual mental health supports - Province of British Columbia](#)

### What to do When Sick

Staff, students, or other persons in the school setting who are exhibiting symptoms of illness should stay home until they are well enough to participate in regular activities. Staff, children, or other persons can attend school if their symptoms are consistent with a previously diagnosed health condition (e.g., seasonal allergies) or symptoms have improved enough to where you feel well enough to return to regular activities and any **fever has resolved for 12 hours without the use of fever-reducing medication** (e.g. acetaminophen, ibuprofen). If you are unsure or concerned about your symptoms, connect with your health care provider or call 8-1-1. Cascade does not require a health care provider note (i.e. a doctor's note) to confirm the health status of any individual, beyond those required to support medical accommodations.

If a staff member, student, or other person develops symptoms of illness at school and is unable to participate in regular activities, they will be supported while they wait to go home.

### Hand Hygiene

Rigorous hand washing with plain soap and water or using an [effective hand sanitizer](#) reduces the spread of illness. Everyone should practice diligent hand hygiene and Cascade will encourage regular opportunities for students and staff to wash their hands.

### **Respiratory Etiquette**

Parents and staff can teach and reinforce good respiratory etiquette practices among students, including:

- Cough or sneeze into their elbow or a tissue. Throw away used tissues and immediately perform hand hygiene.
- Refrain from touching their eyes, nose, or mouth with unwashed hands.
- Refrain from sharing any food, drinks and unwashed utensils.

### **Childhood Illnesses**

If your child has any of the following medical concerns please use the link to determine if your child should remain at home and for how long. [Guide to Childhood Diseases](#)

Campylobacteriosis	Impetigo	Pinworms
Chickenpox (Varicella)	Influenza	Respiratory Syncytial Virus (RSV)
Cold Sores (Herpes simplex)	Measles	Ringworm
Croup	Meningitis	Roseola
Cryptosporidiosis	Meningococcal Meningitis	Rotavirus
Escherichia coli (E. coli)	Methicillin-Resistant Staphylococcus aureus (MRSA)	Rubella (German Measles)
Fifth Disease	Molluscum Contagiosum	Salmonellosis
Giardiasis (Beaver fever)	Mononucleosis (Mono)	Scabies
Haemophilus influenza type b (Hib)	Mumps	Shigellosis
Hand, Foot and Mouth Disease	Norovirus	Shingles (Herpes Zoster)
Head lice	Pertussis (Whooping Cough)	Streptococcal Infections: Scarlet Fever and Strep Throat
Hepatitis A	Pink Eye (Conjunctivitis)	Swimmers Itch

### **Vaccines**

Vaccines are important tools to protect against serious outcomes of many communicable diseases, such as COVID-19 and influenza. Students and staff are encouraged to ensure they are up to date on all recommended vaccines for communicable diseases. Public Health will provide **optional** opportunities for vaccines to be given to eligible students at the school.

### **Cleaning and Disinfection**

Regular cleaning and disinfection can help prevent the spread of communicable diseases. Cleaning of frequently touched surfaces will occur in line with regular cleaning practices and when visibly dirty.

### **Ventilation and Air Exchange**

Cascade will ensure all mechanical heating, ventilation and air conditioning (HVAC) systems are designed, operated, and maintained as per standards and specifications for ongoing comfort of students and staff and that they are working properly. Windows may be opened when the weather permits if it does not impact the functioning of the ventilation systems.

### **Supporting Students/Staff with Disabilities/Diverse Abilities and/or Receiving Health Services**

Staff and those providing services to students with medical complexity, immune suppression, receiving direct or delegated care, or with disabilities and diverse abilities who are in close proximity to a child should follow routine infection control practices and care plans for the child, if applicable.

### **Space Arrangement**

In learning environments, Cascade will use classroom and learning environment configurations and activities that best meet learner needs and preferred educational approaches.

### **Transportation**

For school buses, Cascade will implement the prevention measures included in the [BCCDC Public Health Communicable Disease Guidance for K-12 Schools](#) where applicable.

### **Visitors and Community Use of School**

Visitors will be asked to sign in on arrival and departure and report to the office for a visitor tag. Community use of the school after school hours will be booked through Midtown Church and will need to follow their requirements regarding communicable disease management.

### **Gatherings and Events**

School extracurricular and social gatherings and events will occur in line with the [BCCDC Public Health Communicable Disease Guidance for K-12 Schools](#).

### **Masks and Face Coverings**

The decision to wear a mask is a personal one, based on individual preference. Some students and staff may choose to continue to wear a non-medical mask or face covering throughout the day or for certain activities. The choice of staff and students to choose whether they practice additional personal prevention measures will be respected by all staff and students. Information on non-medical masks is available from [BCCDC](#).

### **Food Safety**

Cascade will adhere to required safety measures under the [Food Premises Regulation](#) (e.g. a FOODSAFE trained staff member a food safety plan, etc.) Staff, students, or other persons in the school setting will follow routine food safety practices, including diligent hand hygiene. More information may be found on the [BCCDC Food Safety webpage](#).